

## **VK Barnet Southgate Juniors Return to Play – Indoor Volleyball**

The below sets out the process that VK Barnet Southgate Junior Volleyball Club will adopt from September 2021. This is based upon the recommendations given in Volleyball England's "Organising Covid Secure Volleyball" document published in July 2021 to reflect the changes to Government guidance when England proceeded to Step 4 of the Government Lockdown Roadmap on 19 July 2021. Should this guidance be changed again in the future, a revised 'Return to Play' document may be required and will be issued accordingly.

### **Before Activity:**

- All participants (players, coaches, officials and volunteers) should check for symptoms of COVID-19. In line with UK Government Guidance if an individual is symptomatic and/or living in a household with a possible COVID-19 infection they should remain at home and follow UK Government guidance. In addition, any participants who have been asked to isolate by NHS Test and Trace because they are a contact of a known COVID-19 case must not exercise outside their home or garden and must not exercise with others.
- Participants should follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 if it applies to them.
- Personal hygiene measures should be carried out at home before and after volleyball activity.
- All sessions must be pre-booked and pre-paid for.
- Participants are to arrive at the sports hall changed and ready to play no earlier than 10 minutes before the scheduled session start time.
- Participants ARE NOT to congregate at the sports hall entrance doors. If arriving early, they may wait underneath the canopy to the side of the sports hall outside the fire exit doors.
- Participants' temperatures will be taken (using a non-contact thermometer) prior to entering the sports hall. Anybody found to have a high temperature will NOT be able to participate in the session and will be asked to leave.
- An assistant coach will register each participant upon entry and these records will be securely kept. This data may be used to assist NHS Track and Trace if officially requested by them.

### **During Activity:**

- All Balls to be cleaned with sanitiser before each session, and at a maximum 45 minute intervals throughout the session.
- All participants will sanitize their hands before each session, and at a maximum 45 minute intervals throughout the session. Participants are expected to provide their own hand sanitiser for personal use only. Coaching staff will have additional hand sanitiser for those participants who do not bring their own but participants will be reminded to bring their own sanitiser to all future sessions.
- Maximum 12 participants per playing area so maximum 24 participants in a training session (excluding coaches). This maximum number could change as the season progresses. As all participants will be under 18 years of age and sessions will be run in accordance with Volleyball England's safeguarding policy. This means that there will be a maximum 12:1 player to coach ratio but with a minimum of two adults present at all times.
- No spectators are allowed in the sports hall with the exception of Carers for disabled participants.
- Participants and coaches to avoid all unnecessary contact such as handshakes or hand slaps.
- Participants to avoid sharing any personal equipment (drinking bottles, therabands, towels, personal sanitiser etc.).
- Toilet facilities will be available but use of these is restricted to one person at a time.
- Participants and coaches must adhere to the 'one way' system in place as follows:
  - Entrance to sports hall corridor via external door adjacent to car park;
  - Entrance to sports hall via first door along corridor;
  - Exit from sports hall via fire exit doors on opposite side of sports hall to entry point.

### **After Activity:**

- At the end of each session, all participants are expected to vacate the sports hall and the school premises and are asked NOT to gather outside.